



Our range of weight based training machines are built to the highest standards. These machines will be an asset to any establishment. All machines are manufactured to the European Standards. Installation can be arranged by our team of trained engineers



1 IMPULSE RT700 TREADMILL - BLACK [BUY NOW](#)

FIT1200

The RT700 has an impact absorption system provides the superior feel for all users. You can also reverse the deck for a longer life time. Operation noise as low as 73 db. Deck and belt are all maintenance free with self lubrication. Two speed personal cooling fan. Rust-resistant undercoat and a reversible deck allowing for a greater life span of the components

2 IMPULSE RE700 ELLIPTICAL TRAINER - BLACK [BUY NOW](#)

FIT1201

The RE700, has a comfortable 53.3cm stride length offer a natural, smooth movement, Low step up height of 190mm, 20 resistance levels, Self-powered, Wide pedals with cushioned gel pads



3 IMPULSE RR700 RECUMBENT BIKE - BLACK [BUY NOW](#)

FIT1202

The RR700 comes with a wrap-around seat adjustment allows for easy seat changes, Oversized cranks and two-sided pedals offers durability, Ergonomically designed seat handles, Step-through design allows easy entry and exit, Easy to service shroud and crank cover design

4 IMPULSE RU700 UPRIGHT BIKE - BLACK [BUY NOW](#)

FIT1203

The RU700 bike's metal components have a two-step powder coating with a rust resistant undercoat making them more resilient to wear and with a maximum user weight of 160kg - it's clear that the RU700 is made to last in any gym setting. The console features 11 different pre-programmed workouts and the bike offers incremental resistance changes between levels 1 and 25. With contact heart rate sensors and polar compatibility plus comprehensive display readouts - users are able to accurately monitor performance and the intensity of their training



Prices quoted are for supply only. Please contact our Sales Department for installation prices on +44 (0)1621 868700
Should this equipment be ordered as supply only, it must be assembled by suitably qualified engineers

1 IMPULSE AC2990 TREADMILL **BUY NOW**
FIT1204

This high-quality model is built to last even in high usage situations. It's simple but effective console also offers all the readouts, feedback and workout options users cite as being most important in their training. Taking into consideration the huge number of hours usage commercial machines incur, new and improved dustproof heat dissipation holes have been designed to maximise cooling to the console and motor. This exciting new treadmill boasts a rust-resistant undercoat and a reversible deck allowing for a greater lifespan of the components. The maximum user weight this machine is built to allow is 150kg/330lbs and it is capable of a max speed at 20kph with incline of up to 15 degrees. The wide running surface of 56cm (22"), and the quiet operation, gives the user confidence on the machine


2 IMPULSE ENCORE CROSS TRAINER **BUY NOW**
FIT1205

The Impulse Encore ECE5 Series Light Commercial Elliptical features a 20" stride and 20 resistance levels. The console is easy to reach and operate and includes a variety of both pre-set and heart rate control programs


3 IMPULSE ENCORE RECUMBENT BIKE **BUY NOW**
FIT1206

This bike features a large, comfortable seat which will accommodate all kinds of users. The large handlebars features two position options, both with heart rate contact sensors and one with hand rests. The handlebars on the sides of the seat also feature rapid resistance level adjusters so users can increase or decrease resistance levels quickly and easily


4 IMPULSE ENCORE UPRIGHT BIKE **BUY NOW**
FIT1207

The Impulse Encore ECU7 Series Commercial Upright Exercise Bike is a light commercial bike which is also on an affordable scale. This bike features a large, comfortable seat which will accommodate all kinds of users. The seat is also adjustable with 13 different height increments

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1 IMPULSE PST300 STEPPER [BUY NOW](#)

FIT1208

Impulse PST300 Commercial Stepper includes Heart Rate monitoring and contact heart rate system. It is powered by you, so no plugs or power is needed! It also includes wheels to aid easy movement around the gym floor! Includes 6 programmes (manual, cardio, fat burn, pulse, thigh oner, glute sculpter)

2 ORIGIN CYCLING OC3 STUDIO BIKE (CHAIN DRIVE) [BUY NOW](#)

FIT1209

The Origin OC3 Studio Bike is a perfect entry level indoor cycle for home and commercial usage. The OC3 boasts many great features: weighted flywheel, dual sided pedals, adjustable saddle & handlebars, bottle holder, transportation wheels and many more. The weighted flywheel paired with the chain drive system replicates real life cycling giving users a superior workout experience. 125cm long x 56.9cm wide x 115cm high



3 ORIGIN OC5 INDOOR CYCLE [BUY NOW](#)

FIT1210

Shift your indoor cycling up a gear with the Origin OC5 Indoor Cycle. This full commercial indoor exercise bike is packed with features that provide a high-quality ride that's comfortable, robust and exceptional value. The OC5 is ideal for specialist cycling studios and other group cycling spaces where it's going to see high levels of regular use. The aluminium alloy seat and handlebar posts are guaranteed to withstand rusting and flaking while the quiet belt drive system requires little maintenance

4 ORIGIN OC INDOOR CYCLE CONSOLE [BUY NOW](#)

FIT1211*

The Origin Cycling Computer delivers great real time user feedback for group cycling classes or individual users. Metrics visible include; speed, distance, cals, heart-rate, time and cadence, which can be used to maximise performance. This Origin Cycling Computer can be attached to the handlebars of the Origin OC3 or OC5 indoor cycles. For heart rate feedback, a compatible heart rate strap must be purchased separately and worn by the user. Requires 2 x AAA Batteries (included)



5 ORIGIN STORM CURVED TREADMILL [BUY NOW](#)

FIT1212

The Origin Storm® Curved Treadmill is powered by you and designed to mimic natural walking or running movement. With no electricity required and no top speed restrictions, this treadmill is a game-changer for HIIT. Offering a more intense workout, the Storm Curved Treadmill activates more muscle groups than your traditional treadmill. To start the treadmill you have to use your entire leg, from glutes to hamstrings, and to speed up you have to work harder – no button pushing shortcuts

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1 ORIGIN STORM ROWER **BUY NOW** FIT1213

The Origin Storm® Indoor Rowing Machine has been designed with busy commercial gym environments in mind. We understand the need for a robust, high performing rowing machine for the gym floor and for in functional, studio and HIIT training spaces



2 ORIGIN STORM SKI TRAINER WITH FLOOR STAND **BUY NOW**

The Origin Storm® Ski Trainer delivers great performance and value in one of the most popular emerging cardio categories. Ski machines and ski trainers, or upper body ergometers use a comparable movement pattern to that used in cross country skiing. Doing this creates a unique and challenging cardio exercise that has made the ski trainer a massively popular exercise machine. Complete with floor stand.

FIT1214	Ski Trainer with Floor Stand
FIT1215	Main Unit
FIT1216*	Floor Stand Only



3 ORIGIN STORM AIR BIKE **BUY NOW** FIT1217

The Origin Storm Air Bike is a cardio essential that offers quality and value for commercial and home settings. Supporting metabolic conditioning and increasing endurance, this machine works with the user creating more resistance the harder they work. Suitable for all levels this machine is an ideal fixture for any gym or studio and is particularly popular in cross training gym facilities



4 CONCEPT II INDOOR ROWER **BUY NOW**

A CAV/ROW/001

The Concept II Indoor Rower has long been established as the worlds best indoor rowing machine. The Model D with the PM5 performance monitor allows rowing without pushing any buttons, and you can choose from a library of pre-set workouts which load instantly

B CAV/ROW/002

This is the new model E version with the PM5 performance monitor as standard. The frame is 6" higher than previous models and has a one piece design for greater stability and solid feel



Conforms to EN ISO 20957-1 & 20957-7



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**1 IMPULSE IF93 CHEST PRESS
WITH 235LB WEIGHT STACK - BLACK** [BUY NOW](#)
FIT1220

The specially designed IF9301 Chest Press trains chest muscles and triceps. User selects a appropriate weight and a comfortable position of seat pad, then to push the handle bars to effectively train their chest muscles and arms



**2 IMPULSE IF93 SHOULDER PRESS
WITH 200LB WEIGHT STACK - BLACK** [BUY NOW](#)
FIT1221

The specially designed IF93 Shoulder Press trains the shoulder and arms. User chooses an appropriate weight and a suitable starting position of the seat, then to push the handlebar forward to train arms more effectively



**3 IMPULSE IF93 LAT PULLDOWN
WITH 235LB WEIGHT STACK - BLACK** [BUY NOW](#)
FIT1222

IF9302 helps to train latissimus dorsia, triceps and biceps. User chooses a appropriate weight and adjusts foot support to a proper position, then pulls down the handle bar to effectively train their back, shoulder and arms



5 IMPULSE IF93 LEG PRESS WITH 295LB WEIGHT STACK - BLACK
FIT1224 [BUY NOW](#)

The specially designed IF9310 Leg Press in Black allows you to strengthen the legs from a comfortable sitting position. Users can choose an appropriate weight and a suitable starting position of the seat, then to push the foot support forward to make training effective, comfortable and safe. The Leg Press machine builds your quad muscles. This is a great alternative to the standard squat. During a standard squat, there is a possibility the the user might use incorrect form whereas with the leg press machine, the user is offered more support by sitting on the seat and fully isolating the legs



**4 IMPULSE IF93 ROW
WITH 235LB WEIGHT STACK - BLACK**
FIT1223 [BUY NOW](#)

The specially designed IF9319 Row allows users to build the latissimus dorsi, biceps and deltoid from a comfortable sitting position. User chooses a appropriate weight and a suitable position for chest, then to pull the handle bars back to train user's back, shoulder and arms effectively

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1 IMPULSE IF93 ARM CURL WITH 160LB WEIGHT STACK - BLACK [BUY NOW](#)

FIT1225

Arm Curl helps to train biceps. User can choose an appropriate weight and a comfortable seat height, then to pull up handles to effectively train their upper arms



2 IMPULSE IF93 PECTORAL WITH 160LB WEIGHT STACK - BLACK [BUY NOW](#)

FIT1226

Pectoral helps to train chest muscles and triceps. User can choose an appropriate weight and a comfortable seat height, then to push handlebars to effectively train their chest and arms



3 IMPULSE IF93 LEG EXTENSION WITH 235LB WEIGHT STACK - BLACK [BUY NOW](#)

FIT1227

IF9305 Leg Extension helps to train quadriceps. The user chooses an appropriate weight and adjusts to a suitable height of roller pad, then extends their leg and rotates the arm of machine to effectively train their quadriceps



4 IMPULSE IF93 SEATED LEG CURL WITH 235LB WEIGHT STACK - BLACK [BUY NOW](#)

FIT1228

The IF9306 leg curl allows users to work the hamstrings from one comfortable selectorised machine. Simply sit and adjust the pad to fall behind your knees. Select desired weight and curl the feet back



5 IMPULSE IF93 AB MACHINE WITH 160LB WEIGHT STACK - BLACK [BUY NOW](#)

FIT1229

The specially designed IF9314 Abdominal is ideal for building abdominal muscles and strengthening hip flexors. The user chooses an appropriate weight and holds chest pad with both hands, then making crunch to train abdominal effectively



6 IMPULSE IF93 ROTARY CALF WITH 160LB WEIGHT STACK - BLACK [BUY NOW](#)

FIT1230

The specially designed IF9318 Torso Rotation is ideal for working the internal and external oblique muscles, user can select an appropriate weight and a comfortable starting position, then to hold handlebars and rotate user hip to train the internal and external oblique muscles

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1 IMPULSE IF93 DIP PRESS WITH 160LB WEIGHT STACK - BLACK [BUY NOW](#)
FIT1231

The specially designed IF9317 Seated Dip trains triceps and anterior serratus. User selects an appropriate weight and adjusts seat height, then to press down handlebars to train arms and torso muscles effectively

2 IMPULSE IF93 TOSO ROTATION WITH 160LB WEIGHT STACK - BLACK [BUY NOW](#)
FIT1232

The specially designed IF9318 Torso Rotation is ideal for working the internal and external oblique muscles, user can select an appropriate weight and a comfortable starting position, then to hold handlebars and rotate user hip to train the internal and external oblique muscles



3 IMPULSE IF93 ASSIST CHIN/DIP COMBO (200LB/91KG WEIGHT STACK) WITH SHROUD - BLACK [BUY NOW](#)
FIT1233

The specially designed IF9320 Weight Assisted Chin/Dip Combo is ideal for training latissimus dorsi, triceps, assisted to build biceps, deltoid and serratus anterior. The user selects an appropriate weight, then to do pull-ups or triceps dip, which helps to train back muscles and arms



4 IMPULSE IF93 PRONE LEG CURL WITH 200LB WEIGHT STACK - BLACK [BUY NOW](#)
FIT1234

The specially designed IF9321 Prone Leg Press trains calf muscles, triceps and adductor. The user selects an appropriate weight and adjusts roller pad to a suitable position, then curling legs to train leg muscles effectively



5 IMPULSE IF93 ARM EXTENSION WITH 160LB WEIGHT STACK - BLACK [BUY NOW](#)
FIT1235

The Impulse IF9323 Arm Extension is perfect for building strength in the arm muscles, particularly the triceps. The exercise involves extending and flexing the arm downwards at the elbow joint, using the handgrips on the two independent levers. Adjustable Seat and arm rests ensure a comfortable position for all users



6 IMPULSE IF93 DELTOID RAISE WITH 160LB WEIGHT STACK - BLACK [BUY NOW](#)
FIT1236

The specially designed IF9324 Lateral Raise helps to strengthen deltoid. User selects an appropriate weight, extends the user's arms and rotates the roller pad to effectively train deltoid



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1 IMPULSE IF93 BACK EXTENSION WITH 160LB WEIGHT STACK - BLACK [BUY NOW](#)

FIT1237

The Impulse IF93 Back Extension trains the middle and lower back muscles. User selects an appropriate weight and adjusts starting position, then makes the extension of lower back and helps to train back muscles effectively



2 IMPULSE IF93 OUTER THIGH WITH 160LB WEIGHT STACK - BLACK [BUY NOW](#)

FIT1238

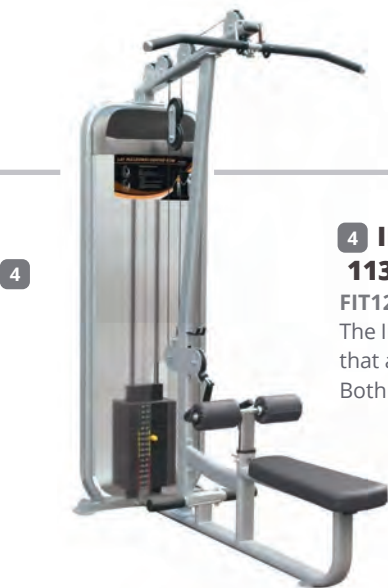
Impulse IF93 Outer Thigh works on the adductor and abductor muscles of the thigh



3 IMPULSE IF93 INNER THIGH WITH 160LB WEIGHT STACK - BLACK [BUY NOW](#)

FIT1239

Impulse IF93 Inner Thigh works the adductor and abductor group of the thigh



4 IMPULSE DUAL LAT PULL/ROW 113KG WEIGHT STACK - BLACK [BUY NOW](#)

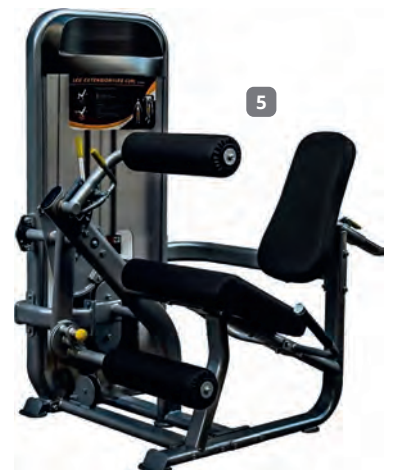
FIT1240

The Impulse Dual Lat Pull Down and Seated Row is a dual use machine that allows users to perform both lateral pull down and a seated row. Both of which are great at building the back muscles

5 IMPULSE DUAL LEG EXTN/CURL 113KG WEIGHT STACK - BLACK [BUY NOW](#)

FIT1241

This Impulse Dual Leg Extension/ Curl machine works both the users calves and quads



6 IMPULSE DUAL MULTI PRESS 113KG WEIGHT STACK - BLACK [BUY NOW](#)

FIT1242

This Impulse Dual Multi-Press is a great all-round shoulder machine for users to perform shoulder press

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1 IMPULSE DUAL PEC DEC/REAR DELT
113KG WEIGHT STACK - BLACK [BUY NOW](#)
 FIT1243

The Pec Dec Rear Delt machine is a 2-in-1 machine for working the pecs, shoulders and rear deltoids



2 IMPULSE DUAL LEG PRESS/CALF
113KG WEIGHT STACK - BLACK [BUY NOW](#)
 FIT1244

The Impulse Dual Leg Press/Calf is an all-round leg machine that works the users quad and calf muscles



3 IMPULSE DUAL INNER/OUTER THIGH
113KG WEIGHT STACK - BLACK [BUY NOW](#)
 FIT1245

The Impulse Dual Inner/Outer Thigh works on the adductor and abductor muscles of the thigh



4 IMPULSE DUAL BICEP/TRICEP
113KG WEIGHT STACK - BLACK [BUY NOW](#)
 FIT1246

The Impulse Dual Bicep/Tricep is a great machine for working the upper arm



5 IMPULSE DUAL ABDOM/LOW BACK
113KG WEIGHT STACK - BLACK [BUY NOW](#)
 FIT1247

Impulse Dual Abdominal/Low Back (250lbs)

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1 IMPULSE STERLING BICEP CURL **BUY NOW**

FIT1250

Users will benefit from easy to load weight plate pegs and a natural movement path which successfully isolates the bicep muscles



2 IMPULSE STERLING CHEST PRESS **BUY NOW**

FIT1251

Users will benefit from one-touch colour-coded adjustments for seamless bespoke workout experiences. Furthermore, users will benefit from extra thick foam seating and back supports for superior comfort when using this premium quality chest press machine



3 IMPULSE STERLING INCLINE CHEST PRESS **BUY NOW**

FIT1252

Users will benefit from one-touch adjustments to the seat to ensure the user has a bespoke workout experience, targeting the upper chest, shoulders and tricep muscles effectively. Furthermore, the storage pegs and plate loading nature make it quick and easy to adjust weights between sets



4 IMPULSE STERLING INCLINE ROW **BUY NOW**

FIT1253

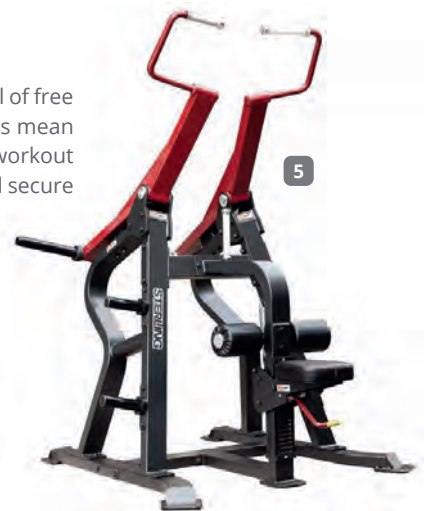
Users will benefit from colour coded adjustments to ensure a bespoke workout experience. Furthermore, multiple handles at multiple angles allow the user to decide which muscles they'd like to add emphasis too during their workout. With a design which replicates the movement of free weights and multiple handles for multiple ranges of motion, this single piece of equipment has so many uses for everyone in your facility, from those who favour machines to those who favour free weights



5 IMPULSE STERLING LATERAL PULLDOWN **BUY NOW**

FIT1254

Users will benefit from a biomechanically accurate movement path and design which replicates the feel of free weights whilst accurately targeting multiple back muscles and bicep muscles. One touch adjustments mean this piece of equipment is simple to adjust, allowing users of all shapes and sizes to have a bespoke workout experience at speed and ease. For heavier lifters, a 300kg maximum load means they can feel safe and secure when lifting at their maximum output



6 IMPULSE STERLING LEG CURL **BUY NOW**

FIT1255

Users will benefit from single-leg movements to help improve imbalances often found when training leg muscles with compound machines. One-touch adjustable seat height allows the user to quickly and safely make the position of the curl bespoke to their own height



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1 IMPULSE STERLING LEG EXTENSION [BUY NOW](#)

FIT1256

Users will benefit from one-touch adjustments to adjust to every users desired range of motion. Furthermore, separate weight stacks allow single leg focus and even progression



2 IMPULSE STERLING LEG PRESS [BUY NOW](#)

FIT1257

Users will benefit from easy to load weight plate pegs and strict range of motion, which replicates the rear kick movement involving the hamstrings and gluteal muscles. One-touch adjustments also makes this piece of equipment bespoke to any height of the user



3 IMPULSE STERLING LOW ROW [BUY NOW](#)

FIT1258

Users will benefit from easy to load weight plate pegs and strict range of motion, ensuring maximum isolation of the back, biceps and rear shoulders during usage. The adjustable seat height also makes this piece of equipment bespoke to any height of the user



4 IMPULSE STERLING PLATE LOADED SQUAT/CALF RAISE [BUY NOW](#)

FIT1259

Users will benefit from easy to load weight plate pegs and strict range of motion, which helps replicate the squat or calf raise movement involving the hamstrings, quads, gluteal and calf muscles. One-touch adjustments also makes this piece of equipment bespoke to any height of the user



5 IMPULSE STERLING REAR KICK [BUY NOW](#)

FIT1260

Users will benefit from a natural range of motion which isolates the glutes, hamstrings and quadriceps. One-touch adjustments allow the user to quickly and safely change the position to mimic their natural range of motion

6 IMPULSE STERLING ROW [BUY NOW](#)

FIT1261

Users will benefit from easy to load weight plate pegs and strict range of motion, ensuring maximum isolation of the back, biceps and rear shoulders during usage. The adjustable seat height also makes this piece of equipment bespoke to any height of the users. Users will benefit further from dual handle positions for exercise variations to add more resistance to different muscle groups through different movements



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1 IMPULSE STERLING SHOULDER PRESS [BUY NOW](#)

FIT1262

Users will benefit from a biomechanically accurate movement path and design which replicates the feel of free weights whilst accurately targeting the shoulders and triceps. One touch adjustments mean this piece of equipment is simple to adjust, allowing users of all shapes and sizes to have a bespoke workout experience. For heavier lifters, a 300kg maximum load means they can feel safe and secure when lifting at their maximum output



2 IMPULSE STERLING TRICEP DIP [BUY NOW](#)

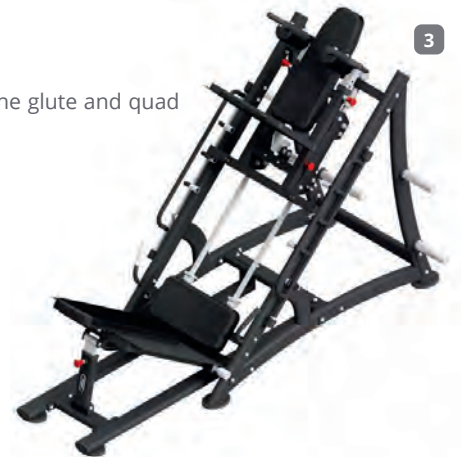
FIT1263

Users will benefit from easy to load weight plate pegs and strict range of motion, ensuring maximum isolation of the tricep muscles during usage. The adjustable seat height also makes this piece of equipment bespoke to any height of the user

3 ORIGIN HACK SQUAT / LEG PRESS [BUY NOW](#)

FIT1270

A favourite for all gym goers, the Origin Hack Squat/Leg Press targets the glute and quad muscles with a full range of motion



4 ORIGIN FLAT OLYMPIC BENCH [BUY NOW](#)

FIT1271

This Origin Flat Olympic Bench is a classic addition to any gym floor, providing your members the chance to finetune their strength training

5 ORIGIN INCLINE OLYMPIC BENCH [BUY NOW](#)

FIT1272

The Origin Hyperextension Bench is a brilliant addition to anyone's posterior chain routine, building strength and mobility



6 ORIGIN DECLINE OLYMPIC BENCH [BUY NOW](#)

FIT1273

This Origin Decline Olympic Bench is a classic addition to any gym floor, providing your members the chance to finetune their strength training

7 ORIGIN PREACHER CURL [BUY NOW](#)

FIT1274

A classic for bodybuilding and general strength training



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1 ORIGIN UTILITY BENCH [BUY NOW](#)

FIT1275*

The Origin Utility Bench is a great, space-saving solution to performing seated exercises like shoulder presses, tricep pullovers, curls and more



2 ORIGIN MULTI ADJUSTABLE OLYMPIC BENCH [BUY NOW](#)

FIT1276

The Origin Multi Adjustable Olympic Bench is a fantastic addition to all strength zones, offering great variety to any workout programme without taking up much space. tricep pullovers, curls and more



3 ORIGIN CHIN / DIP [BUY NOW](#)

FIT1277

With raised platforms, comfortable handles and padded arm and back cushions, the Origin Chin/Dip will vastly improve your member's shoulder, tricep, ab and back routines



4 ORIGIN FLAT BENCH [BUY NOW](#)

FIT1278*

A staple for any gym floor, the flat bench offers a range of training benefits in your free weights zone

5 ORIGIN DECLINE BENCH [BUY NOW](#)

FIT1279

This Origin Decline Bench is a classic addition to any gym floor, providing your members the chance to finetune their strength training



6 ORIGIN AB BENCH [BUY NOW](#)

FIT1280

This Origin Ab Bench is a classic addition to any gym floor, providing your members the chance to target their abdominal muscles with precision



7 ORIGIN STRETCH BENCH [BUY NOW](#)

FIT1281

Improve mobility or gently work on injured areas with the Origin Stretch Bench

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1 ORIGIN SEATED CALF RAISE [BUY NOW](#)

FIT1282

This Origin Seated Calf Raise specifically targets the calf muscles for a burn they won't forget



2 ORIGIN SISSY SQUAT [BUY NOW](#)

FIT1283

The Origin Sissy Squat has a very small footprint but leaves a huge impact on any member's leg day routine

3 ORIGIN HYPEREXTENSION BENCH [BUY NOW](#)

FIT1284

The Origin Hyperextension Bench is a brilliant addition to anyone's posterior chain routine, building strength and mobility



4 ORIGIN MULTI ADJUSTABLE BENCH [BUY NOW](#)

FIT1285

The Origin Multi Adjustable Bench is a must-have for any gym. Whether placed inside a rack or on the free weights floor, it's a versatile training tool your members can't go without



5 ORIGIN FITBOX STUDIO BENCH (INCLUDING STANDARD CATCHERS) [BUY NOW](#)

FIT1286

The Origin FITBOX® Studio Bench is perfect for your home gym - offering nifty storage solutions for your equipment, as well as a fully functional adjustable bench. They are also very popular for gyms that offer HIIT and circuit-based classes where the participants are allocated lanes or zones in which to work out. For storage of standard dumbbells



6 ORIGIN FITBOX STUDIO BENCH (INCLUDING HEX DUMBBELL CATCHERS) [BUY NOW](#)

FIT1287

As FIT1286 above, but for storage of Hex Dumbbells



7 IMPULSE IF2011 ADJUSTABLE WEIGHT BENCH [BUY NOW](#)

FIT1288*

The Impulse IF2011 adjustable free weights bench is designed for use in busy commercial gym environments. It's upholstery, frame and padding provides comfort, stability and durability. Perfect for incline, decline and flat bench exercises



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1

1 ORIGIN SMITH MACHINE [BUY NOW](#)

FIT1290

The Origin Smith Machine needs no introduction: a smooth mechanism recreates realistic free weight movements, with the added safety of 8 catchers. Integrated storage pegs keep the gym floor tidy and safe

2 DUAL ADJUSTABLE PULLEY [BUY NOW](#)

FIT1291

The Origin Dual Adjustable Pulley boasts a full range of features including a 91kg weight stack on either side, allowing users to incrementally increase their weights as they progress. Included in this station is a range of cable attachments which, paired with the versatile positioning of the handles, enables varied and functional workouts for users. The incorporated pull up bar also gives users that extra option when choosing their workout

Attachments included are:

- ✓ 1 x long bar
- ✓ 1 x short bar
- ✓ 1 x tricep rope
- ✓ 1 x ankle strap
- ✓ 2 x single handles

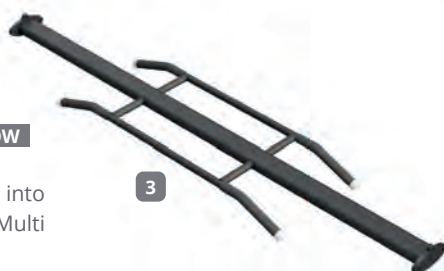


2

3 ORIGIN CABLE CROSSOVER BAR [BUY NOW](#)

FIT1292*

This connector is used to turn two Hi/Lo Pulley Stations into one Origin Cable Crossover, or to expand Origin 4 Stack Multi Stations to include 5 or 8 stacks



3

4 ORIGIN HI/LO PULLEY (100KG WEIGHT STACK)

FIT1293 [BUY NOW](#)

This Hi/Lo Pulley station has a small footprint, making it ideal for space conscious gyms. Its sleek design, matte powder coating and premium aluminium adjustment knobs and iron shrouds means it fits perfectly into any gym environment. Use the Origin Cable crossover Bar to turn this standalone Hi/Lo Pulley into a cable crossover. It can also be connected to 4 station machines, for even more workout variety



5

5 ORIGIN 4 STACK MULTI-STATION (4 X 100KG WEIGHT STACKS)

FIT1294 [BUY NOW](#)

Origin 4 Stack Multi Station is the perfect addition to gyms looking to expand their strength range. Robust 100 x 50mm box steel holds up 4 100kgs stacks, and the machine comes with a selection of attachments to get your members started straight away. Use our Origin Cable Crossover Bar to turn this standalone Hi/Lo Pulley into a 5 station, or combine two 4 stations for an 8 stack station



4

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1 ORIGIN 5 STACK MULTI-STATION (5 X 100KG WEIGHT STACKS) [BUY NOW](#) FIT1295

Cable machines are growing in popularity in commercial gyms and we can understand why. Cables offer versatility with varying attachments and a variety of stations. They also allow users to target muscle groups from different angles depending on where the cable is placed, which can be a reason people choose to work certain muscles on cable over free weights



2 ORIGIN 8 STACK MULTI-STATION (8 X 100KG WEIGHT STACKS) [BUY NOW](#) FIT1296

This cable machine is the perfect centre piece for commercial gyms, offering 8 stations for members to enjoy. Cables offer endless possibilities due to the variety of attachments that come with the machine. You can also add additional cable attachments to provide members with even more choice. Users can combine stations during their workout to build strength as well as enhancing power, stability, balance & speed

3 ORIGIN PERFORMANCE SERIES HALF RACK [BUY NOW](#) FIT1300

The Origin Performance Series Half Rack, offer the ultimate combination of product performance, customisation and value for money for facilities serious about strength and conditioning. We offer a wide range of optional attachments to suit your gyms needs and to make you stand out from your competition

As standard, the Performance Half Rack comes complete with the following components, which gets your rack up and running with full functionality:

- ✓ 1 Pair of Spotter Arms
- ✓ 1 Pair of J-hooks
- ✓ Four pairs of plate storage pegs
- ✓ 1 Straight pull up bar



Prices quoted are for supply only. Please contact our Sales Department for installation prices on +44 (0)1621 868700
Should this equipment be ordered as supply only, it must be assembled by suitably qualified engineers

1 ORIGIN PERFORMANCE SERIES POWER RACK [BUY NOW](#)

FIT1301

The full range allows facility managers to design a rack around their facility - not the other way around. Build your rack your way with the performance range by choosing the power cage as your base and then adding on optional extras to make it suit your facility. You can even build on larger configurations to create a larger rig! Power racks allow users to perform exercises with safety as the primary focus. Being surrounded by a rack allows for spotter arms to be utilised, meaning the user can perform one rep maxes with no fear of injury. Power Racks also allow for a multitude of attachments such as pull-up bars



2 ORIGIN PERFORMANCE SERIES INTEGRATED HALF/POWER RACK PLATFORM [BUY NOW](#)

FIT1302

3 ORIGIN PERFORMANCE SERIES J-HOOKS (PAIR) [BUY NOW](#)

FIT1303*



4 ORIGIN PERFORMANCE SERIES PULL UP BAR 32MM [BUY NOW](#)

FIT1304*



5 ORIGIN PERFORMANCE SERIES MULTI GRIP PULL UP BAR [BUY NOW](#)

FIT1305*



6 ORIGIN PERFORMANCE SERIES INDEXING PULL UP BAR [BUY NOW](#)

FIT1306*

**1 ORIGIN PERFORMANCE SERIES
BAR HOLDER VERTICAL (PAIR)** [BUY NOW](#)
FIT1307*

**2 ORIGIN PERFORMANCE SERIES
BAR HOLDER HORIZONTAL (PAIR)** [BUY NOW](#)
FIT1308*



**3 ORIGIN PERFORMANCE SERIES
DIP HANDLES** [BUY NOW](#)
FIT1309*

**4 ORIGIN PERFORMANCE SERIES
STEP ATTACHMENT** [BUY NOW](#)
FIT1310*



**5 ORIGIN PERFORMANCE SERIES
SAFETY STRAPS (PAIR)** [BUY NOW](#)
FIT1311*

**6 ORIGIN PERFORMANCE SERIES
SPOTTER ARMS (PAIR)** [BUY NOW](#)
FIT1312*



**7 ORIGIN PERFORMANCE SERIES
STAINLESS STEEL WEIGHT PEGS (PAIR)** [BUY NOW](#)
FIT1313*

**8 ORIGIN PERFORMANCE SERIES
LANDMINE ATTACHMENT** [BUY NOW](#)
FIT1314*



**9 ORIGIN PERFORMANCE SERIES
JAMMER ARMS (PAIR)** [BUY NOW](#)
FIT1315



**10 ORIGIN PERFORMANCE SERIES
STABILISING FOOT (PAIR)** [BUY NOW](#)
FIT1316*



**11 ORIGIN PERFORMANCE SERIES
BAND PEGS (SET OF 4)** [BUY NOW](#)
FIT1317*



1 ORIGIN ANGLED PRESS DOWN BAR [BUY NOW](#)

FIT1320*



2 ORIGIN MULTI EXERCISE BAR [BUY NOW](#)

FIT1321*



3 ORIGIN SINGLE HANDLE WITH RUBBER GRIP [BUY NOW](#)

FIT1322*



4 ORIGIN STRAIGHT BAR [BUY NOW](#)

FIT1323*



5 ORIGIN TRICEP ROPE [BUY NOW](#)

FIT1324*



6 ORIGIN ANKLE STRAP [BUY NOW](#)

FIT1325*



7 ORIGIN EZ CURL BAR (CABLE ATTACHMENT) [BUY NOW](#)

FIT1326*



8 ORIGIN V HANDLE [BUY NOW](#)

FIT1327*



9 ORIGIN 36INCH STANDARD LAT PULL DOWN BAR [BUY NOW](#)

FIT1328*



10 HEX DUMBBELL SETS [BUY NOW](#)

Gym Division Hex Dumbbells are a great alternative to our popular urethane and rubber dumbbells. Their hexagonal shape offers an anti-roll feature, allowing for easier use and storage. Whether you are new to weight training, or an expert, dumbbells are perfect as a full-body conditioning tool and can be used to target more than just the upper torso. Not only can you build strength and muscle, but as part of a Circuit or Cross Training workout, they can also increase stamina and endurance

FIT1340* Hex Dumbbell Set 1-10kg - 1kg increments - 10 pairs

FIT1341 Hex Dumbbell Set 2.5-25kg - 2.5kg increments - 10 pairs

1A



1B



1C



1E



1D



1F



1G



1 ORIGIN RD2 RUBBER DUMBBELL SETS [BUY NOW](#)

A great addition to any gym, our RD2 Rubber Dumbbells are suitable for every type of user from beginner to expert. Sold in pairs they are highly durable and the modern design looks great in any gym environment. Due to the weights being single pieces of rubber they are less likely to be damaged and therefore are able to withstand the busiest of studios and facilities

- A FIT1330** Origin RD2 Rubber Dumbbell Set 1-10kg - 1kg increments - 10 pairs
- B FIT1331** Origin RD3 Rubber Dumbbell Set 2.5-25kg - 2.5kg increments - 10 pairs
- C FIT1332** Origin RD3 Rubber Dumbbell Set 27.5 - 30kg - 2.5kg increments - 2 pairs
- D FIT1333** Origin RD3 Rubber Dumbbell Set 32.5-40kg - 2.5kg increments - 4 pairs
- E FIT1334** Origin RD3 Rubber Dumbbell Set 42.5-50kg - 2.5kg increments - 4 pairs
- F FIT1335** Origin RD2 Rubber 52.5-60kg Dumbbell Set - 2.5kg increments - 4 pairs
- G FIT1336** Origin RD2 Rubber 62.5-70kg Dumbbell Set - 2.5kg increments - 4 pairs

2



2 ORIGIN 10 PAIR VERTICAL DUMBBELL RACK - BLACK (1-10KG) [BUY NOW](#)

FIT1345*

This Origin 10 Pair Vertical Dumbbell Rack will keep your free weight area organised and clean

3 ORIGIN 12 PAIR HEX DUMBBELL RACK [BUY NOW](#)

FIT1346

Perfect for storing your Hex Dumbbells. This rack will comfortably hold 12 pairs of Hex Dumbbells

3



4



4 ORIGIN 10 PAIR 2 TIER DUMBBELL RACK [BUY NOW](#)

FIT1347

Stores 10 pair of dumbbells. Great for both a home gym and commercial gym environment

5 ORIGIN 12 PAIR 2 TIER DUMBBELL RACK [BUY NOW](#)

FIT1348

Suitable storage for your UD2s, UD3s, RD2s, and RD3 Dumbbells

5





1 ORIGIN BARBELL RACK (HOLDS 5) [BUY NOW](#)

FIT1349

Barbell Rack that holds 5 barbells



2 ORIGIN DOUBLE SIDED BARBELL RACK (HOLDS 10) [BUY NOW](#)

FIT1350

Stores 10 pair of dumbbells. Great for both a home gym and commercial gym environment



3 ORIGIN KETTLEBELL RACK (BLACK) [BUY NOW](#)

FIT1351

The Origin 2 Tier Kettlebell Rack is a great kettlebell storage solution for your functional zone or on the gym floor, keeping kettlebells safely stored away. This Kettlebell Rack has two shelves for easier access to different kettlebell weights and can comfortably hold a full set of kettlebells



4 ORIGIN HINGED STORAGE CAGE (BLACK) [BUY NOW](#)

FIT1353

The Origin Storage Cage allows users to store all kinds of gym equipment and accessories such as boxing gloves/pads, ropes, power bands, studio equipment and much more



5 ORIGIN DOUBLE SIDED MEDICINE BALL RACK (HOLDS 10) [BUY NOW](#)

FIT1352*

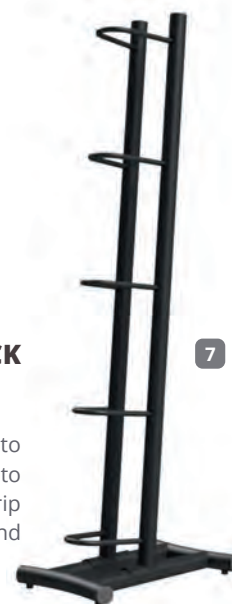
Our Double Sided Medicine Ball Rack offers a vertical storage solution for up to ten medicine balls without wasting previous gym floor space. Suitable for dual-grip and standard medicine balls (or even slam balls) this revamped design has increased storage capacity and stability via it's a wider base



6 ORIGIN - 5 SANDBAG/ALPHA BAG RACK - BLACK [BUY NOW](#)

FIT1354*

The Origin Sandbag rack holds 5 sandbags. Highly durable frame with inner support stops bags from sagging in the middle and helps keep their shape. Lightweight frame makes transporting frame easy



7 ORIGIN FREE STANDING WALL BALL/STORAGE RACK HOLDS 5 BALLS (BLACK) [BUY NOW](#)

FIT1355*

The Origin Freestanding Wall Ball Rack is the perfect storage solution to organise your workout area. The vertical storage rack has the capacity to hold four wall balls/oversized medicine balls or five Origin Double-grip Medicine Balls. This storage rack can also be suitable for sandbags and other accessories

1 ORIGIN RUBBER BARBELL SETS [BUY NOW](#)

Rubber barbell sets are a great way to buy a variety of sizes of fixed barbells in one go

- FIT1360*** Origin RB3 Rubber Barbell Light Set (7.5, 10, 12.5, 15, 20kg)
FIT1361 Origin RB3 Rubber Barbell Heavy Set (25, 30, 35, 40, 45kg)



2 ORIGIN RUBBER RUBBER OLYMPIC WEIGHT PLATES [BUY NOW](#)

The Origin Olympic Rubber Weight Plates are suitable for use in Powerlifting and other heavy duty weightlifting programmes. They are designed with a triple handle feature which allows for improved grip and greater handling. The integrated separators create a gap which allows easy access to grip the plates when putting on, or taking off, the bar. The rubber material reduces the noise made from the plates coming in contact with each other are specifically designed for staple heavy lifting exercises such as Bench Press and Squat

- | | | | |
|-------------------|-------------------|-------------------|---------------------|
| A FIT1365* | 1.25kg | E FIT1370* | 20kg |
| B FIT1366* | 2.25kg | F FIT1371 | Set of 4 x 1.25kg, |
| C FIT1367* | 5kg | | 2 x 2.5kg, 4 x 5kg, |
| D FIT1368* | 10kg | | 2 x 10kg, 2 x 15kg, |
| FIT1369* | 15kg | | 4 x 20kg |
| | (Not illustrated) | | |

3 ORIGIN WEIGHT PLATE TREE [BUY NOW](#)

FIT1372*
 The Weight Storage Rack is designed to be a better all-round product offering than our previous weights-only storage offerings

4 ORIGIN 20KG WEIGHTLIFTING BAR [BUY NOW](#)

FIT1375*
 The Origin 20kg Men's Olympic Weightlifting Bar is designed for those looking to lift to the highest standards. The Olympic Weightlifting bar features IWF style knurling and eight needle bearings offering lifters, perfect grip and effortless speed under the bar



5 ORIGIN 15KG WEIGHTLIFTING BAR [BUY NOW](#)

FIT1376*
 The importance of quality in any Olympic bar is paramount. For home & gym use. Every detail of the Origin 15kg Olympic Weightlifting Bar is produced to the highest grade



6 ORIGIN 10KG EZ CURL BAR [BUY NOW](#)

FIT1377*
 The EZ Curl Bar is a multi-angled speciality barbell designed to work your biceps and triceps whilst helping to reduce stress from your elbows and wrists. The subtle 'W' shape of the bar gives you multiple grip options making it a versatile barbell





1 ORIGIN 5FT BRUSHED STEEL BAR [BUY NOW](#)

FIT1378*

Every detail of the new Origin 5ft Brushed Steel Bar is produced to the highest standard. The smaller size in comparison to the 20kg Brushed Steel Bar adds variety to your facility and adds functionality to your set-up where space management is important



2 ORIGIN TRICEP BAR [BUY NOW](#)

FIT1379*

The Origin Tricep Bar has been ergonomically designed to help target the triceps with more efficiency. The rotational bar provides a natural movement and releases stress on the users back



3 ORIGIN SAFETY SQUAT BAR [BUY NOW](#)

FIT1380*

The Origin Safety Squat Bar is an essential speciality bar for your gym's barbell collection. The safety squat bar is a great training tool for users with goals at all levels, however, it's especially helpful for users who struggle to achieve effective positioning in traditional back/front squats due to issues with the back, shoulders, wrists



4 ORIGIN FARMERS WALK HANDLES (PAIR) [BUY NOW](#)

FIT1381*

Increase your grip strength, upper back and lower body with this one classic strongman tool. The Origin Farmers Walk Handles are great for your training loaded carries, a widely underutilised element of strength training. Each bar weighs 14kg, is 1524mm long and coated with polished chrome, these Farmers Walk Handles will not disappoint



5 ORIGIN MULTI GRIP BAR [BUY NOW](#)

FIT1382*

Our new Origin Multi-Grip Bar is a great way to target specific muscle groups and to cater for those struggling with injury or mobility issues as it features multiple grip variations. The varying grips help engage different muscles in barbell exercises, increasing difficulty of these movements. At the same time, allowing more natural grip positions can help alleviate the strain often placed on wrists and forearms when using a straight barbell



6 ORIGIN AXLE BAR [BUY NOW](#)

FIT1383*

The Origin Axle Bar provides a challenging twist on traditional barbell exercises, the increased demand on grip strengthening the wrists and forearms. The Axle bar has an extra chunky 50mm shaft diameter (regular Olympic/Powerlifting bars are 28-29mm). For reference, the sleeve diameter on a regular Olympic barbell is 50mm. The Axle bar features knurling similar to traditional olympic barbells to improve grip



7 ORIGIN 25KG HEX TRAP BAR [BUY NOW](#)

FIT1384*

The Hex Trap bar has become a key piece of equipment for many facilities with both the ability to relieve emphasis on the lower back whilst deadlifting with the trap bar (as opposed to a regular Olympic Bar deadlift) and also the emerging popularity of strongman exercises - such as farmers walk - in all types of facilities. The comparatively easy-to-achieve body position when using this barbell allows increased loading for deadlifts, especially for those members with mobility that might make straight-bar deadlifts a challenge



8 ORIGIN OLYMPIC SPRING COLLARS [BUY NOW](#)

FIT1385*

The Origin Olympic Spring Collars can be firmly attached to all Olympic style bars

1 ORIGIN CLAMP COLLARS [BUY NOW](#)

FIT1386*

The Origin Olympic Clamp Collars have been designed with the facility user in mind. For too long, this simple piece of kit has been a huge issue for facility users for many reasons. Some barbell clamps have too much resistance for some users to effectively open and struggle to move effortlessly along a bar. These Origin Clamp Collars are a easier way to secure weights on your Olympic Bar



1

2 ORIGIN NECK PROTECTOR [BUY NOW](#)

FIT1387*

The Origin Neck Protector is manufactured from a cushioning foam that easily wraps around a barbell - to protect your neck and back when lifting. Easily attachable, the Origin Neck Protector has a strip of Velcro at the back provides a quick and easy method of attaching to the bar



2

3 ORIGIN DIPPING BELT [BUY NOW](#)

FIT1388*

The Origin Fitness Dipping belt is the perfect training tool fo adding extra load to a whole range of bodyweight and gymnastic movements. From dips and pull-ups to hip belt squats, this accessory can add a new dimension to your training



3

4 ORIGIN WEIGHT BAR HOLDER [BUY NOW](#)

FIT1389*

The new eright bar holder is designed with durability in mind. The product is constructed from durable 100x50mm box steel to give it a durability and lifespan that perfectly suits high traffic sites and sites with rigorous demands and high barbell usage



4

5 ORIGIN RUBBER KETTLEBELLS [BUY NOW](#)

The Origin Rubber Kettlebells are the perfect functional tool for functional training. The polished chrome handle allows for a superior grip and the black rubber coating provides excellent floor protection and helps hide scuffs & marks. Available in a range of weight from 4kg through to 32kg, these superior kettlebells will provide the right amount of intensity and challenge to your training program

FIT1400*	4kg	C	FIT1406*	16kg
FIT1401*	6kg		FIT1407*	20kg
A FIT1402*	8kg		FIT1408*	24kg
FIT1403*	10kg		FIT1409*	28kg
B FIT1404*	12kg		FIT1410*	32kg
FIT1405*	14kg	D	FIT1411	4-32kg (in 4kg increments)



5A

5B

5C

5D

6 ORIGIN ELITE SOFT PLYO BOX SET [BUY NOW](#)

Our Elite Soft Plyo Box Set is our most durable and high performing plyo product. Specially designed using our new premium covering, this plyo box set offers the same soft landing and protection in case of missed jumps, but increased integrity at the seams for busy training environments where the boxes take real a beating. The boxes come in five different height variations (3", 6", 12", 18", 24") which are available to purchase in two different sets - (3 Stack - 12, 18, 24) or (5 Stack). The boxes can also be joined together using durable velcro straps, allowing the user to create varying heights as they progress

FIT1415 3 Tier

FIT1416 5 Tier



6

1 ORIGIN SANDBAG - PU CARBON TEXTURE WITH AIR HOLES PRE-FILLED [BUY NOW](#)

The new Origin Sandbags are specifically designed to withstand the most rigorous of workouts. Use Origin Fitness Sandbags to improve all muscle groups and develop strength, balance, and endurance as part of a complete training programme. The versatility of these products allows highly dynamic movements which recruit and activate large muscle groups



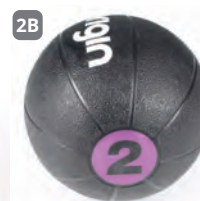
- | | | | | | |
|----------|-----------------|------|----------|-----------------|------|
| A | FIT1420* | 5kg | F | FIT1425* | 30kg |
| B | FIT1421* | 10kg | G | FIT1426* | 35kg |
| C | FIT1422* | 15kg | H | FIT1427* | 40kg |
| D | FIT1423* | 20kg | I | FIT1428* | 45kg |
| E | FIT1424* | 25kg | J | FIT1429* | 50kg |



2 ORIGIN MEDICINE BALLS [BUY NOW](#)

The Origin Medicine Balls are fantastic for an individual, group and functional training. Specific exercises using medicine balls target specific muscle groups so you can have a fully dynamic and diverse workout with just one piece of equipment. The stylish black finish is also textured to add a grippy finish to the surface, making it safer to handle and easier to keep hold of during explosive exercises

- | | | |
|----------|-----------------|------------------------------|
| A | FIT1435* | 1 kg (Black with Light Blue) |
| B | FIT1436* | 2kg (Black with Purple) |
| C | FIT1437* | 3kg (Black with Yellow) |
| D | FIT1438* | 4kg (Black with Green) |
| E | FIT1439* | 5kg (Black with Orange) |



3 ORIGIN DOUBLE GRIP MEDICINE BALLS [BUY NOW](#)

The Origin Double Grip Medicine Balls allow for a different range of workouts to traditional medicine balls as the user is able to lift greater weights. The colour coded design allows for easy identification of weights and also adds colour and vibrancy to the surrounding workout environment

- | | | |
|----------|-----------------|-----------------------------|
| | FIT1445* | 6kg (Black with Light Blue) |
| | FIT1446* | 7kg (Black with Purple) |
| A | FIT1447* | 8kg (Black with Yellow) |
| B | FIT1448* | 9kg (Black with Green) |
| | FIT1449* | 10kg (Black with Orange) |

1 ORIGIN SLAM BALLS [BUY NOW](#)

The Origin Slam Balls can be used to work every muscle in the body. The sand filled balls do not bounce which makes them perfect for throwing against the floor or walls. This explosive exercise trains muscles in ways that traditional workouts don't. This functional tool brings into play supporting and stabilising muscles and helps to develop core strength, balance and sheer power. The vinyl covered balls are extremely durable and can withstand even the toughest of beatings. The textured outer layer provides users with the added grip needed to carry out these explosive exercises

A FIT1455*	3kg	D FIT1458*	9kg
B FIT1456*	5kg	E FIT1459*	12kg
C FIT1457*	7kg	F FIT1460*	15kg



2 ORIGIN WALL BALLS [BUY NOW](#)

The Origin wall balls are perfect for increasing activation for the upper body and abdominals, as well as for a whole range of functional exercises. They all share the same diameter that is set at industry standard: 14". The Origin wall balls boast a weight tolerance of +/- 300gms and are made from a hard-wearing polyurethane. We have extensively tested these wall balls in commercial gym environments and high use fitness facilities including S&C, CrossFit and specialist functional training gyms

A FIT1465*	3kg
B FIT1466*	6kg
C FIT1467*	9kg
D FIT1468*	12kg
E FIT1469*	15kg



3 ORIGIN ADJUSTABLE HURDLE [BUY NOW](#)

FIT1475*

The Origin Adjustable Hurdles offer a flexible agility training tool as they quickly and easily adjust to two different height. An 180-degree turn of each leg will alter the height between either 20cm height or a 30cm height



4 ORIGIN MARKER CONES WITH HOLDER [BUY NOW](#)

FIT1476*

The Origin Marker Cones and Holder set are the perfect addition to any Bootcamp and agility training toolkit



5 ORIGIN SPEED LADDERS [BUY NOW](#)

The Origin Speed Ladder is the perfect tool for indoor or outdoor speed and agility training. The ladder is lightweight making it easy to roll up, transport and set up for sessions in different spaces. Its bright colours make it easy to spot in low light conditions and inclusive for all types of user. It also features adjustable lengths, making it versatile and suitable for different types of training drill and different user sizes or abilities

FIT1477*	4m	FIT1480*	7m
FIT1478*	5m	FIT1481*	8m
FIT1479*	6m	FIT1482*	10m





1 ORIGIN 15M BATTLE ROPE WITH COVER [BUY NOW](#)

The Origin 15m Battle Rope with Nylon cover is the perfect fitness accessory for gyms and clubs. Adding Battle Rope training to your fitness programme allows you to work on core strength, power, speed and endurance with multiple exercise options. Research suggests that using Battle Ropes for just 10 minutes can be considered a vigorous workout and HIIT circuits with battle ropes may improve both aerobic and anaerobic capacity in just four weeks

FIT1485* 25mm thick (Black)

FIT1486* 42mm thick (Black)

2 ORIGIN BATTLE ROPE HOLDER - BLACK [BUY NOW](#)

FIT1487*

The Origin Wall Mounted Battle Rope Holder is a simple yet stylish storage solution for any functional zone. By storing battle ropes on the walls, you create a safer, more spacious and flexible functional training area while keeping the ropes easily within reach



3 ORIGIN DRAG SLED [BUY NOW](#)

FIT1490*

The Origin Drag Sled is a great tool for strength and conditioning purposes. Whilst primarily targeting legs, arms and hip strength, the Origin Drag Sled also offers a complete body workout and can be used in High-Intensity Interval Training to really push your body to its limits

4 ORIGIN HIGH LOW PUSH SLED [BUY NOW](#)

FIT1491

The Origin High Low Push Sled is a great tool for strength and conditioning purposes. Whilst primarily targeting legs, arms and hip strength, the Origin High Low Push Sled also offers a complete body workout and can be used in High-Intensity Interval Training to really push your body to its limits. The durable design will withstand full commercial usage. The central plate loading point will hold all Olympic sized plates and keeps the sled balanced



5 GYM DIVISION PROWLER SLED [BUY NOW](#)

FIT1492

The Gym Division Prowler sled can be used either indoor or outdoor, on a variety of different surfaces. Sled pushing is one of the most effective and efficient exercises for a full body workout. The Prowler comes with two detachable vertical poles which allow users to adjust their centre of gravity to target different muscle groups. The front of the prowler has a low bar which allows users to push back along a track without turning the sled. Users can also hook a harness or strap around the bar to pull the sled, allowing for a more versatile workout



6 ORIGIN POWER BAND [BUY NOW](#)

The Origin Power Bands 2.0 help to safely add resistance to your workout without the need for extra weight increments which can be costly. The bands are extremely useful for fitness enthusiasts as they are easy to transport and their versatility allows for use almost anywhere

A FIT1500* 15lb - XX Light (Red)

B FIT1501* 50lb - Extra Light (Black)

C FIT1502* 100lb - Light (Purple)

D FIT1503* 120lb - Medium (Green)

E FIT1504* 175lb - Heavy (Dark Blue)

F FIT1505* 230lb - Extra Heavy (Orange)

7 ORIGIN MINI POWER BAND SET [BUY NOW](#)

FIT1506*

The Origin Mini Power Bands are a great tool for rehabilitation and injury prevention. A useful tool for strength and conditioning, during warm-up and stretching, and also for improving stability. The bands are lightweight, small, portable and made from strong durable latex rubber. The set consists of: light (0.4mm), medium (0.7mm) and heavy (1.2mm) bands. All bands have a circumference of 500mm



1 ORIGIN WEIGHTED GYM BALL [BUY NOW](#)

The Origin Weighted Gym Ball can be used for a variety of exercises that target core muscles and increase users stability, strength, balance and range of motion. Each Gym Ball has a textured surface for added grip as well as a denser/heavier material base - this reduces the amount of ball movement between workouts and should always return back to its upright position and dimpled texture provides extra grip

A FIT1510* 55cm (Dark Grey / Yellow)

B FIT1511* 50lb - Extra Light (Black)

C FIT1512* 100lb - Light (Purple)



2 ORIGIN 6 BALL GYM BALL RACK - BLACK [BUY NOW](#)

FIT1513*

This Origin storage rack is vital for keeping gym floors and workout areas tidy and safe. This Gym Ball Rack comfortably holds 6 Balls and is designed to complement the rest of the Origin Storage Range. Transportation wheels provide great maneuverability



3 ORIGIN STUDIO DUMBBELL SET (42 PAIRS) [BUY NOW](#)

FIT1520

The Origin Studio Dumbbells are sold in pairs and feature an anti-roll design allowing for greater functionality & convenience. The weights are differentiated by bright, bold colours to bring out the best in your studio or home

4 ORIGIN STUDIO DUMBBELL RACK [BUY NOW](#)

FIT1521

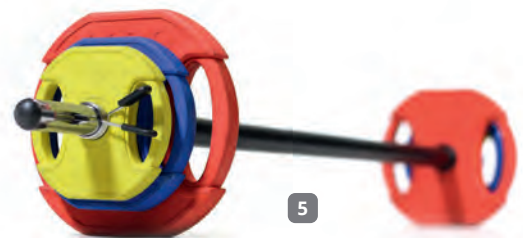
The Origin Studio Dumbbell Rack offers users a great storage solution for the Origin Studio Dumbbells. The rack will hold up to 42 pairs of the Origin Studio Dumbbells

5 ORIGIN RUBBER STUDIO BARBELLS [BUY NOW](#)

Origin Fitness Rubber Studio Weights are incredibly hard wearing and versatile tool for all of your studio weights and group exercise sessions. Each plate has a solid iron core construction with a protective outer rubber layer. Each set comprises of a bar, collars and three pairs of weight discs

FIT1525* Origin Rubber Barbell Set c/w Bar & Collars

FIT1526* Origin 10kg Rubber Studio Weight Plate (Single)

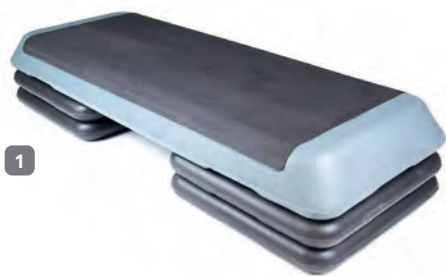


6 ORIGIN 30 STUDIO BARBELL SET RACK [BUY NOW](#)

FIT1527*

The Origin 30 Studio Barbell Set Rack will hold up to 30 sets of Origin studio bars and weight plates with additional space for collars. Keeping your equipment in the 30 Studio Barbell Set Rack will ensure your members can get access to their equipment in a flash, helping to keep your classes on schedule and your group exercise studio tidy





1 ORIGIN AEROBIC STEP [BUY NOW](#)

FIT1530*

The Origin Aerobic Step is a great piece of commercial gym equipment for convenient, quick and effective workouts. A robust step that is also light enough to move around with ease, this is a perfect accessory for commercial or home use

2 ORIGIN VINYL EXERCISE MAT - DARK GREY [BUY NOW](#)

FIT1535*

The Origin Vinyl Fitness Mat is perfect for any user wanting the most out of their Mat, this may vary from beginner to expert levels. Also suitable for users using mats for everyday exercise and use for example; sit ups at home, to even fishing. The thick cushioning system provides a more comfortable and extended length of workout, with two different surfaces on each side, both are textured - but in different ways. This adds excellent grip in desired places where needed



3 ORIGIN YOGA MAT - BLUE (WITH EYELETS) [BUY NOW](#)

FIT1536*

The Origin Yoga Mat provides a stylish and functional purpose suitable for all levels

4 ORIGIN PILATES MAT - PURPLE (WITH EYELETS) [BUY NOW](#)

FIT1537*

The Origin Pilates Mat offers users a comfortable and relaxed workout, that is easily transported. Lightweight and easily rolled up, the Origin Pilates Mat is easily Transported from class to class



5 ORIGIN AB MAT [BUY NOW](#)

FIT1538*

Take your core workouts to the floor with the Origin Ab Mat. Built to last, the Origin Ab Mat can be used safely for all types of abdominal workouts, due to its vinyl covering, foam core and non-slip base

6 ORIGIN FREESTANDING MAT HANGER [BUY NOW](#)

FIT1539*

The Origin Mat Hanger is suitable for all Origin Mats with eyelets, keeping them safe, dry and tidy when they are not in use. Attachable hooks provides a customization of up to 4 hooks for various different styles of mats. Manufactured with 4 wheels and brakes, therefor manoeuvrability and stability is done with ease

7 ORIGIN WALL MOUNTED MAT HANGER [BUY NOW](#)

FIT1540*

To ensure your mats have a long life and remain in top condition we recommend storing upright on a hanger like the Origin Wall Mounted Hanger. Mats stored in piles or on the floor are more likely to become misshapen and damaged



1 ORIGIN YOGA BLOCK & BRICK BUY NOW

The Origin Yoga Blocks/Bricks are manufactured from a High-Density foam that is extremely lightweight, yet durable. Rounded edges and corners provide extra comfort

- A **FIT1545*** Yoga Block - Large
- B **FIT1546*** Yoga Brick - Standard



2 ORIGIN COMMERCIAL AIR BALANCE TRAINER BUY NOW

FIT1550*

The Origin Commercial Air Trainer comes with a pump for inflation. The unit is 655mm in diameter, and when inflated is approximately 245mm tall. The unit also comes with detachable handles and 6 small feet on the bottom providing 10mm ground clearance



3 ORIGIN AIR BALANCE DISC BUY NOW

FIT1551*

Perfect piece of equipment for working on Balance, Strength and rehab exercises. Used for work on feet and ankle. Customisable difficulty (more air or less air) less air the harder



4 ORIGIN SPEED ROPES - BLACK BUY NOW

FIT1552*

The Origin Speed Rope is flawless in its design, perfectly balanced out weight provides an efficient workout. Performing unbeatable speeds due to the coated cable



5 ORIGIN AB WHEEL BUY NOW

FIT1553*

The Origin Ab Wheel focuses tension on the abdominal muscles when performing the roll out exercises, making it the ideal tool for strengthening the stomach and obliques. The Ab Wheel features dual treaded wheels which provide stability, whilst the treads provide grip - preventing the wheels from slipping on smooth surfaces



6 ORIGIN FOAM ROLLER BUY NOW

Foam rollers provide users to ability to perform self-myofascial release. In other words it allows users to give themselves muscle massages

- A **FIT1560*** Large (Black)
- B **FIT1561*** Small (Black)

7 ORIGIN CORE FOAM ROLLER - DARK GREY BUY NOW

FIT1562*

With hard PVC inner layer accompanied by a soft EVA outer layer helps target deep muscle tissue





1 ORIGIN RESISTANCE BANDS [BUY NOW](#)

Our Origin Resistance bands (also known as stretch bands) allow the user to add light, medium or heavy resistance to their workouts. Each resistance band is extremely versatile and durable - a good choice for the novice to the seasoned user. Our Origin resistance bands are colour coded so the resistance can easily be identified for during your workout

- A **FIT1565*** Light (Yellow)
- B **FIT1566*** Medium (Blue)
- C **FIT1567*** Heavy (Red)



2 ORIGIN 5 PIECE COVERED RESISTANCE TUBE SET WITH HANDLES [BUY NOW](#)

FIT1568*

The Origin covered resistance bands are suitable for at-home or outdoor workouts and great for anyone looking to achieve a full-body workout with minimal equipment. Choose from the five-different strengths of cord to add extra resistance to a whole host of different exercises



3 ORIGIN PREMIUM 20MM FITNESS TILE [BUY NOW](#)

FIT1600* Stone - 15% Light Grey Fleck

The Origin 20mm Premium Tile is the perfect flooring solution for the following applications; Free weight spaces (not high impact drop zones) Cardio and fixed resistance areas, Stretch areas, Studio spaces

4 ORIGIN 20MM RAMPED EDGE WITH CAP [BUY NOW](#)

FIT1601* Black - 150mm x 500mm

The Origin 20mm Edging Strips offer the perfect transition from your 20mm tiles to the floor. This transition will prevent members from tripping over as well as providing a more sleek look and feel. The Edges are manufactured from 100% recycled rubber with a 2mm EPDM top layer.



5 ORIGIN 20MM CORNER RAMP WITH CAP SYSTEM

FIT1602* Black - 150mmx150mm [BUY NOW](#)

The Origin 20mm Corner Ramp with CAP System offers the perfect transition for your 20mm tiles to the floor. This product will corner off a tile and blend with two edging strips that are perpendicular. This transition will prevent members from tripping over as well as providing a more sleek look and feel. The Edges are manufactured from 100% recycled rubber with a 2mm EPDM top layer

1 ORIGIN 40MM HIGH IMPACT FLOORING [BUY NOW](#)

FIT1605* 15% Light Grey Fleck

The Origin 40mm High Impact Tiles can feature in almost any gym environment. However, the tiles have been designed for free-weight and strength & conditioning zones. These hard-wearing tiles will withstand both high footfall or impact



2



2 ORIGIN 40MM HIGH IMPACT TILE RAMPED EDGING STRIP [BUY NOW](#)

FIT1606* Black - 40mm - 150mm x 500mm

The Origin 40mm Edging Strips offer the perfect transition from your 40mm tiles to the floor. This transition will prevent members from tripping over as well as providing a more sleek look and feel. The Edges are manufactured from 100% recycled rubber with a 2mm EPDM top layer

3 ORIGIN 40MM PREMIUM FITNESS CORNER RAMP [BUY NOW](#)

FIT1607* Black - 150mm x 550mm

The Origin 40mm Corner Ramp with CAP System offers the perfect transition for your 40mm tiles to the floor. This product will corner off a tile and blend with two edging strips that are perpendicular. This transition will prevent members from tripping over as well as providing a more sleek look and feel. The Edges are manufactured from 100% recycled rubber with a 2mm EPDM top layer



4



4 ORIGIN CONNECTION ANCHOR PLATE (CAP) [BUY NOW](#)

FIT1610* Pack (6 x 4 stud, 2 x 2 stud) per tile - for both 20mm and 40mm tiles

Each Origin Fitness tile accommodates our connection anchor plates. Tiles each allow up to 12 anchor points per tile. Connecting the tiles like this reduces any individual tile movement. Each tile comes with four central and 2 outer connectors as standard. The tile can be loose laid without connectors – though this may result in slight movement of tiles

5 EVEROLL CLASSIC [BUY NOW](#)

FIT1615* Black - 10m x 1.25m x 10mm thick

The Origin 10mm Fitness Roll flooring is suitable for gyms, aerobics areas, changing rooms, pools, building entrances, retail environments, corridors, stadia and most public areas. The homogeneous construction of the flooring makes it resilient, durable and provides low step noise, while the material used makes it environmentally friendly



6



6 ORIGIN UNDERLAY [BUY NOW](#)

FIT1616* Black - 10mm, 10m*1.25m, 12.5sqm per roll

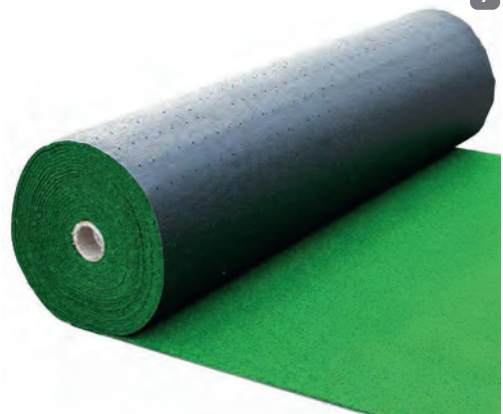
Origin Underlay for use with 10mm roll flooring. Sold in rolls only

7

7 ORIGIN CLASSIC SPRINT TRACK [BUY NOW](#)

FIT1620* 2m Wide - Custom Length (5-24m) - Price per linear metre

A short pile polyethylene carpet ideal for fitness. No infill required



1 SPEED BOUNCE MAT [BUY NOW](#)

FIT/001/SBM

Tests speed, agility, co-ordination and stamina for all ages. Foam wedge is 200mm high. Complete with laminated activity card



2

2 VERTICAL JUMP TIP-2-TIP [BUY NOW](#)

FIT/001/TTT

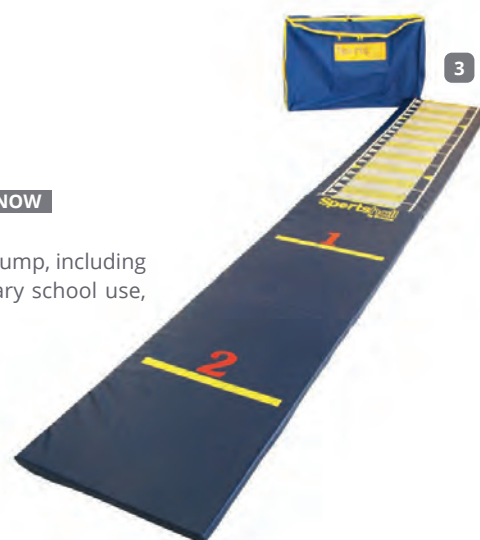
A simple but effective device for measuring jumping height relative to the height of the athlete. Can be fixed to any surface. Complete with activity card for primary and secondary school use



3 INTERMEDIATE METROMAT [BUY NOW](#)

FIT/001/MET

Fully graduated, portable mat for standing long jump, including carrying bag. Suitable for primary and secondary school use, complete with laminated activity card



4

4 METAL SIT AND REACH BOX [BUY NOW](#)

FIT/002/SRB

This measures the participants flexibility. Manufactured from metal, it has two settings; 15cm or 30cm and it comes complete with a laminated top and slider



5 WEIGHING SCALES [BUY NOW](#)

FIT/003/SCA

Classically designed flat scale with an oversized dial face for easy reading. Maximum capacity of 150kg/23st 7lb



6

6 BODY FAT MONITOR WITH SCALE [BUY NOW](#)

FIT/002/BFM

A quick and easy way to get your body fat, body weight and BMI. The Omron Body Composition Monitor will also give you readings on skeletal muscle for a complete overview of body composition. The scale will remember your previous measurement and allows up to 4 users to be stored in its memory. The scale is supplied with 4 AAA batteries, a warranty card and instruction manual





1 ANALOGUE GRIP DYNAMOMETER [BUY NOW](#)

FIT/001/DYN

An analogue device used to measure hand grip strength and power. It measures in Kilogram-Force units with a measuring range of 0-100kgf and minimum measurement of 1kgf. Dimensions are 154mm x 235mm x 59mm, made from robust reinforced plastic

2 DIGITAL GRIP DYNAMOMETER [BUY NOW](#)

FIT/002/DYN

A digital device designed to examine the static flexor power of each forearm. It will also display the maximum measured values for both the left and right forearm to make obtaining results easier. It measures in kilograms which is displayed on an indicator screen on the front of the device, it has a measuring range of 5-100kgf and a minimum measurement of 0.1kgf. Dimensions are 154mm x 235mm x 62mm, made from robust reinforced plastic and comes complete with 2 x 4A batteries



3 ANALOGUE BACK AND LEG MUSCLE DYNAMOMETER [BUY NOW](#)

FIT/003/DYN

An analogue device used to measure back and leg (hamstring) muscle strength. Results are displayed on a large plate scale on the front of the device, showing measurements in kilograms. It has a measuring range of 0-300kgf with a minimum measurement of 1kgf. Dimensions are 315mm x 315mm x 328mm, made from robust reinforced plastic

4 DIGITAL BACK AND LEG MUSCLE DYNAMOMETER [BUY NOW](#)

FIT/004/DYN

A digital device used to measure back and leg (hamstring) muscle strength. The device has an LCD screen on the front displaying the results and will give the maximum result of 2 examinations, making it quick and easy to obtain accurate results. It has a measuring range of 20-300kgf and a minimum measurement of 0.5kgf. Dimensions are 315mm x 315mm x 328mm, made from robust reinforced plastic and comes complete with 2 x AAA batteries



5 ANATOMICAL TAPE [BUY NOW](#)

FIT/001/TAP

Accurate measure of any anatomical girth. Range in 60"/150cm. Graduation in 1/16" and 1mm

6 OMRON BLOOD PRESSURE MONITOR [BUY NOW](#)

FIT/001/BPM

This fully automatic upper arm monitor is designed with both comfort and accuracy in mind. The Intellisense™ Technology ensures that cuff inflates neither too tightly or too loosely. The unique cuff wrapping guide icon shows when the cuff is wrapped correctly



KEY STAGE 1 AND 2 OUTDOOR GYMS

Our outdoor gyms have been designed and developed by sports and exercise professionals to provide a range of physical and health benefits. From building strength in all the major muscle groups, developing cardiovascular fitness to improving flexibility, balance and co-ordination. **Kids love working-out in pairs, and with quite a few pieces of our equipment they work out with each other making it even more fun!** Each product is rigorously tested and the entire range conforms to UK safety standards (EN1176 & EN16630). There are no finger entrapments, bumps or crush points on any of our equipment and simple labelling allows anybody to use our equipment without consulting a professional and without the need for an instructor. Resistance is provided by the users body weight, meaning that users will always work within their own limits. If ordered as supply only, full installation instructions are provided



1 STARTER PACKAGE [VIEW PRODUCT](#)

A fantastic starter pack with four pieces of the most popular pieces, with seven user stations in all. Included in this pack is Spinners, Twin Skier, Twin Air Walker, Arm and Pedal Bike (please refer to our website for more detailed description)

FIT/001/STA Supply only

FIT/002/STA Additional cost for installation*

* Subject to satisfactory site survey form being filled out



2 STARTER PACKAGE [VIEW PRODUCT](#)

A fantastic primary pack with seven pieces of the most popular pieces, with fourteen user stations in all. This package covers 50% of a standard class size so is easier to incorporate into PE lessons etc. (children can work in pairs with one working and one resting). Included in this pack is Spinners, Twin Skier, Twin Air Walker, Arm and Pedal Bike, Twin Cross County Skier, Hip Twister, Twin Leg Press (please refer to our website for more detailed description)

FIT/001/PRI Supply only

FIT/002/PRI Additional cost for installation*

* Subject to satisfactory site survey form being filled out



Please refer to our website for more detailed descriptions

CLICK HERE

